

# MAKE

# WEEK

*TURN OFF YOUR TV  
AND  
MAKE LIFE HAPPEN*



*TV TURN-OFF WEEK / APRIL 19–25, 2010 / EARTH DAY / APRIL 22, 2010*

# MAKE BELIEVE

WRITE A LETTER TO YOUR FUTURE SELF

PLAY A ROLE-PLAYING GAME

**BUILD A FORT**

**READ A BOOK**

WRITE A STORY

HAVE A COSTUME PARTY

**DAYDREAM**

ORGANIZE A READING OF A PLAY

SPEND A DAY IN CHARACTER

**PLAY DRESS UP WITH YOUR KIDS**

# MAKE FOOD

LEARN TO MAKE A DISH FROM ANOTHER COUNTRY

**BAKE COOKIES** - 1 BATCH FOR YOU, HAVE A PICNIC  
- 1 TO GIVE AWAY

ORGANIZE A NEIGHBORHOOD COOKOUT **VISIT A LOCAL FARM**

**HOST A POTLUCK** KIDS COOKING CLASSES

VISIT A LOCAL BAKERY **FAMILY COOKING DAY**

LEARN A NEW RECIPE WITH A NEW INGREDIENT

# MAKE ART

LEARN TO KNIT OR CROCHET MAKE PLAY-DOH  
FINGERPAINT PAINT-YOUR-OWN-POTTERY  
REPAINT SOMETHING OLD LEARN A NEW INSTRUMENT  
TEACH/LEARN ABOUT PHOTOGRAPHY WORK ON PHOTO ALBUMS  
PAINT A WALL WITH CHALKBOARD PAINT

# MAKE MEMORIES

FLY A KITE PLANT A GARDEN STAR-GAZE

LEARN TO IDENTIFY WILDFLOWERS OR TREES

TAKE A HIKE GO CAMPING

MOW YOUR NEIGHBOR'S GRASS

GO BIRD-WATCHING

RIDE A BIKE OR TAKE A WALK

PLAY A TEAM SPORT

# MAKE FRIENDS

DO A PUZZLE WRITE A LETTER BY HAND

PLANT A COMMUNITY GARDEN

VISIT THE LIBRARY

GO TO THE ZOO

GO DANCING

PLAN A SLUMBER PARTY

HOST A THEMED PARTY

PLAY A BOARD GAME

GO TO A MUSEUM

TRY A YOGA CLASS

HOST A TALENT SHOW